

STG Health Services Inc. Enhances Mental Health Care with Doctor of Nursing Practice

March 13, 2025, La Ronge, SK – STG Health Services Inc., a provider of psychotherapy and mental health counselling services, is excited to announce the expansion of its clinical team with the addition of a Nurse Practitioner who holds a Doctor of Nursing Practice (DNP) degree. This significant step strengthens the company's capacity to offer thorough, integrated mental health assessments and diagnoses, including ADHD, depression, anxiety, and other mental health conditions.

With this new addition, STG Health Services can now provide comprehensive, in-house evaluations, along with medication prescriptions and ongoing medication management. To ensure continuity and quality of care, medication management services will be available exclusively to clients who also remain engaged in psychotherapy services provided by STG Health Services.

Dr. Chris de Feijter, CEO of STG Health Services Inc., remarked, "Welcoming a Doctor of Nursing Practice to our team significantly strengthens our ability to offer comprehensive care. Our new Nurse Practitioner brings extensive experience working with Northern clients, addressing the unique mental health needs of these communities. Over the years, I've observed that many of our clients lack consistent and structured medical support for their mental health concerns. We remain deeply committed to providing integrated mental health care—seamlessly combining psychotherapy with medication management—to achieve the best possible outcomes for our clients."

To learn more please contact:

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